Top Times Report
(Appendix A)

GRAL:

- All swimmers who have earned non-GRAL (USA Swimming or YMCA) times between June 1 of the previous year and May 1 of the current year must submit these times with their team's registration.
- Any team registering a swimmer and not reporting his/her non-GRAL (USA Swimming or YMCA) times or times from other GRAL swim teams will be subject to fines. NOTE: High School League swim times are exempt from this requirement.

List your swimmer's top times from June 1, 2009 through May 1, 2010. This would include times from Burkwood Aquatic Club, Nova, Poseidon, YMCA or another GRAL Team. Please fill out and include the following information and return the head coach by June 1, 2010.

Swimmer: _____ Swim Club: _____

Distance (25, 50, 100, etc.)	Short Course Type Yards/Meters	Stroke Fly, Breast, Back, Free	Time (xx:xx.xx)